



Be Well And Green Network Conference Report

**Participation in the Sixty-Fourth Sessions of the
Subsidiary Bodies (SB64) of the United Nations
Framework Convention on Climate Change
(UNFCCC)**

**Bonn Climate Change Conference, Bonn, Germany
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Executive Summary

In June 2026, Be Well and Green Network participated in the sixty-fourth session of the Subsidiary Bodies of the UNFCCC (SB64), held at the World Conference Center in Bonn, Germany, on the 8-18 th June 2026. This marked the organization's first-ever involvement in the UNFCCC process, a significant milestone for our young, Nairobi-based network that focuses on the intersection of climate change and mental health. The delegation was led by our Founder, Tamara Kahuthia.

The Bonn Climate Conference serves as the principal mid-year negotiation session of the UNFCCC. It is where the technical and political groundwork is laid for the annual Conference of the Parties (COP). SB64 acted as a bridge connecting the outcomes of COP30 in Belém, Brazil (November 2025), to the upcoming COP31, which will be hosted by Türkiye in November 2026. Our engagement focused on ongoing discussions related to Action for Climate Empowerment (ACE) and gender issues, while also tracking developments in Loss and Damage, Article 6 (cooperative approaches and carbon markets), and Nationally Determined Contributions (NDCs).

In addition to our participation in the negotiating sessions, Be Well And Green Network hosted a side event at the Bonn Climate Camp under our Healing Minds, Healing Earth campaign. We partnered with PESAID Kenya to address disability inclusion in two sessions, and our Founder was invited to contribute to a side event organized by the Green Economic Institute.

This report summarizes the key points from SB64, discusses Kenya's positioning within the negotiating groups, previews what to expect at COP31, and outlines the next steps for our organization, most notably, a policy paper we plan to share with Kenya's Ministry of Environment.



WHO WE ARE



Be Well And Green Network is a **non-governmental organization** located in Nairobi, Kenya, founded by Tamara Kahuthia. The organization is anchored on five fundamental pillars: **Environmental Sustainability, Mental Health, Gender Equality, Agriculture, and Substance Abuse**. We work with communities, educational institutions, civil society organizations, government agencies, and international partners to build resilient communities that can respond to climate change and protect human wellbeing.

Healing Minds, Healing Earth Campaign

Our flagship initiative, the Healing Minds, Healing Earth campaign, promotes dialogue, awareness, and action regarding the connection between climate change and mental health. While rooted in Kenya, our vision extends globally. The network forges partnerships across civil society, youth movements, health advocates, and policymakers to ensure mental health is woven into climate resilience, adaptation, and policy responses, rather than being an afterthought.

Engaging with Climate Diplomacy

SB64 served as Be Well And Green Network's entry point into the formal UNFCCC process. By participating in international negotiations, the organization gained firsthand experience in climate diplomacy and established connections with allied groups. It began advocating for mental health and psychosocial wellbeing as essential components of the climate agenda.



A Women and Youth-Led Initiative

Be Well And Green Network is a women and youth-led non-governmental organization based in Nairobi, Kenya. Our work encompasses five pillars: environmental sustainability, mental health, gender equality, agriculture, and substance abuse. We believe these elements are interconnected and essential for holistic progress.

Message from the Founder

Dear Stakeholders,

Our participation in the UNFCCC SB64 Bonn Climate Conference was especially meaningful as it coincided with the first anniversary of Be Well And Green Network. On 17 June 2026, we celebrated one year since our organization's registration—a milestone that reminds us how a simple dream has grown into a purpose-driven organization committed to creating lasting impact.

Over the past year, we have laid strong foundations by building our programmes, partnerships, and organizational structures. Every step has been made possible by the unwavering support of our partners, donors, volunteers, advisors, and everyone who has believed in our vision. Your trust and encouragement continue to inspire us, and we are deeply grateful.

SB64 marked an important chapter in our journey. It provided an opportunity to learn, connect, and contribute to global conversations on climate action while reinforcing our commitment to ensuring that mental health and wellbeing remain part of climate solutions.

As we look ahead to COP31 and beyond, we are excited to continue growing our impact, strengthening partnerships, and taking on greater roles in contributing to climate policy and decision-making processes. We believe the future is built through collaboration, and together, we are creating a legacy that will benefit not only our generation but generations to come.

Thank you for believing in our mission and for being part of this journey.

Warm Regards

Tamara Kahuthia

Founder

Be Well And Green Network



The SB64 Bonn Climate Conference: Context and Significance

The Subsidiary Bodies are the two permanent technical arms of the UNFCCC: the Subsidiary Body for Scientific and Technological Advice (SBSTA) and the Subsidiary Body for Implementation (SBI). Their sixty-fourth sessions (SB64) convened in Bonn in June 2026. While COPs attract political attention and headline decisions, it is at the Bonn sessions that negotiators do much of the detailed drafting — refining texts, resolving technical disagreements and narrowing options — so that COP can focus on the political choices that remain.

SB64 was influenced by recent COPs, particularly COP29 in Baku, which established the New Collective Quantified Goal for climate finance and completed Article 6's, and COP30 in Belém, which advanced the first Global Stocktake and a finance roadmap targeting USD 1.3 trillion. SB64 served as a technical platform to translate Belém's outcomes into work programs and negotiation texts for COP31 in Türkiye.

The two subsidiary bodies each have their own agenda. The Subsidiary Body for Scientific and Technological Advice (SBSTA) agenda includes the global goal on adaptation, the Nairobi work programme on adaptation, the Sharm el-Sheikh mitigation ambition and implementation, the UAE just transition work programme, and joint topics with the Subsidiary Body for Implementation (SBI) like Action for Climate Empowerment and Gender. For a Kenyan and youth-led delegation, adaptation, just transition, and agriculture and food security were particularly relevant.





Thematic Engagement at SB64

Throughout the SB64 Bonn Climate Conference, Be Well And Green Network actively engaged in several thematic discussions that align closely with our mission of promoting climate action, mental health, youth empowerment, and inclusive development. Our participation focused on understanding the progress of the negotiations, identifying opportunities for civil society engagement, and exploring how mental health and psychosocial wellbeing can be better integrated into global climate policy.

Action for Climate Empowerment (ACE)

Action for Climate Empowerment (ACE) remained one of the central themes discussed during SB64, with Parties and observers reflecting on the implementation of the Glasgow Work Programme on ACE. Discussions emphasized strengthening climate education, public awareness, training, access to information, public participation, and international cooperation as essential elements for accelerating climate action.

A key area of discussion was how to make climate participation more inclusive, particularly for young people, women, Indigenous Peoples, and local communities. Delegates highlighted the importance of improving climate literacy, expanding educational opportunities, and ensuring that citizens have meaningful opportunities to contribute to climate decision-making. For Be Well And Green Network, these discussions strongly resonate with our work under the Healing Minds, Healing Earth campaign. We believe that climate education should also address the psychological impacts of climate change by promoting resilience, climate hope, and mental wellbeing alongside environmental action.



Gender

SB64 continued discussions under the Enhanced Lima Work Programme on Gender and its Gender Action Plan, focusing on strengthening gender-responsive climate action across adaptation, mitigation, finance, technology, and capacity building. Participants emphasized the need to increase women's leadership in climate decision-making, improve access to climate finance, and ensure that climate policies respond to the different experiences and vulnerabilities of women and girls. Discussions also highlighted the importance of intersectionality and the inclusion of marginalized groups within climate policy processes.



As countries continue implementing the outcomes of the first Global Stocktake, discussions at SB64 highlighted the importance of strengthening Nationally Determined Contributions (NDCs) through increased ambition, effective implementation, transparency, and inclusive stakeholder engagement.

For Be Well And Green Network, these discussions reinforced the importance of advocating for the integration of mental health, psychosocial wellbeing, and youth participation within Kenya's climate planning and implementation processes. We believe that people-centered climate policies are essential for building resilient communities and achieving sustainable development.



Be Well And Green Network's Activities in Bonn

Side Event at the Bonn Climate Camp: Healing Minds, Healing Earth



The Bonn Climate Camp is an ongoing, self-organised space that runs alongside the official conference, bringing together young people from all over the world to learn from one another, share their work and build solidarity outside the formal negotiating rooms. It is one of the most vibrant spaces for youth exchange during the Bonn session.

Be Well And Green Network organised an event at the Bonn Climate Camp centred on our Healing Minds, Healing Earth campaign, emphasising the intersection of climate change and mental health. The session created space to name climate anxiety and eco-distress as real and widespread experiences among young people, to share the work our network is doing in Kenya, and to invite fellow youth advocates into a conversation that is too often absent from climate spaces. Holding this event at our first UNFCCC process was a meaningful step in taking the campaign onto an international stage.

Partnership with PESAID Kenya: Nothing About Us Without Us



During SB64, we partnered with PESAID Kenya across two sessions, joining their awareness-raising work under the banner **“Nothing About Us Without Us”** — the guiding principle of the global disability-rights movement, which insists that policies affecting persons with disabilities must be shaped with their full participation. PESAID's focus on raising awareness of the rights and inclusion of persons with disabilities aligns closely with our own commitment to ensuring that climate policy leaves no one behind. The partnership reflects a shared understanding that disability inclusion and mental-health inclusion are part of the same struggle for a just and equitable climate response. Through this collaboration, we aim to continue raising awareness across Kenya and globally, ensuring that both disability and mental health are recognised in climate resilience, adaptation and policy responses. Our campaign remains committed to advancing dialogue, awareness and action at this important intersection.

Founder's Participation: Green Economic Institute Side Event



Our Founder, Tamara Kahuthia, was invited to contribute to a side event organized by the Green Economic Institute. In her address, she emphasized the interconnectedness of climate and biodiversity, as well as the roles of science, finance, and policy in advancing a safer, fairer, and more sustainable future. Her participation brought the perspective of a young Kenyan woman and mental health and climate advocate to a broader dialogue on the economics and governance of the green transition. She reinforced the critical message that human well-being must be at the core of our climate solution designs. Tamara highlighted the importance of integrating mental health considerations into environmental policies, arguing that a healthy planet supports healthy people, and vice versa. She shared insights from her work on the ground in Kenya, where communities are experiencing firsthand the impacts of climate change. Her stories of resilience and innovation resonated with the audience, inspiring hope and action.

Furthermore, she called for increased collaboration between different sectors and stakeholders, underscoring that collective efforts are essential to meet global sustainability goals. Tamara's contributions were not only enlightening but also served as a call to action for everyone present to engage in meaningful partnerships and drive transformative change.

Youth Engagement : The Youth Presidencies Meet the Youth

Youth Engagement: Connecting with the COP Presidencies



A highlight of our participation at SB64 was engaging in a dialogue with the youth leadership representing **three consecutive COP presidencies**—Leyla Hasanova (COP29, Azerbaijan), Marcelo Oliveira (COP30, Brazil), and Sally Higgins (COP31, Türkiye). The session brought together youth organizations from around the world to exchange perspectives and discuss how young people can play a more meaningful role in shaping global climate action.

The discussions focused on several key priorities for the youth constituency, including meaningful participation in negotiation rooms, increased financial support to enable youth participation at UN climate conferences, and strengthening climate education and capacity-building programmes to equip young people with the knowledge and skills needed to engage effectively in climate governance. Participants also emphasized the importance of creating more accessible pathways for young people to contribute to policy development and decision-making at national, regional, and international levels.

For **Be Well And Green Network**, this was one of the most inspiring engagements at SB64. The dialogue reaffirmed that young people are increasingly recognized as essential partners in the UNFCCC process and provided an important platform to advocate for issues such as climate-related mental health, psychosocial wellbeing, and inclusive climate action. The relationships and insights gained from this session will strengthen our engagement as we prepare for COP31 and continue advancing youth-led solutions that contribute to a more equitable and resilient future.





Next Step from BWGN



Our participation at SB64 marked the beginning of a long-term commitment to advancing the intersection of climate action and mental health within national and international climate processes. Building on the momentum from Bonn, Be Well And Green Network will focus on the following priorities:

- **Developing a policy paper:** We will develop and present a policy paper on climate change and mental health to support national dialogue and policy engagement in Kenya.
- **Advancing climate and mental health advocacy:** We will continue to promote the integration of mental health and psychosocial well-being into climate action through key entry points such as Action for Climate Empowerment (ACE), Loss and Damage, gender-responsive climate policy, and youth engagement.
- **Strengthening partnerships:** We will build on the relationships established during SB64 by deepening collaboration with PESAID Kenya, YOUNGO, civil society organizations, and other strategic partners to advance the Healing Minds, Healing Earth campaign.
- **Preparing for COP31:** To keep young people engaged in the global climate agenda, we will organize pre- and post-COP31 dialogues in Kenya. These events will help young people, civil society, and stakeholders understand key COP31 issues, exchange perspectives, and reflect on outcomes. Our goal is to enhance awareness, promote meaningful youth engagement, and turn global climate discussions into local action.



Through these actions, Be Well And Green Network aims to strengthen its role within the climate movement, amplify youth voices, and contribute meaningfully to climate policy discussions at both the national and international levels.

Gallery





